

1 CABINET FOR HEALTH AND FAMILY SERVICES

2 Department for Medicaid Services

3 Division of Community Alternatives

4 (Amendment)

5 907 KAR 1:044. Coverage provisions and requirements regarding community mental  
6 health center behavioral health services.

7 RELATES TO: KRS 194A.060, 205.520(3), 205.8451(9), 422.317, 434.840-434.860,  
8 42 C.F.R. 415.208, 431.52, 431 Subpart F

9 STATUTORY AUTHORITY: KRS 194A.030(2), 194A.050(1), 205.520(3), 210.450, 42  
10 U.S.C. 1396a-d,

11 NECESSITY, FUNCTION, AND CONFORMITY: The Cabinet for Health and Family  
12 Services has responsibility to administer the Medicaid Program. KRS 205.520(3) au-  
13 thorizes the cabinet, by administrative regulation, to comply with any requirement that  
14 may be imposed or opportunity presented by federal law to qualify for federal Medicaid  
15 funds. This administrative regulation establishes the coverage provisions and require-  
16 ments regarding community mental health center (CMHC) behavioral health services.

17 Section 1. Definitions. (1) "Community mental health center" or "CMHC" means a fa-  
18 cility which meets the community mental health center requirements established in 902  
19 KAR 20:091.

20 (2) "Department" means the Department for Medicaid Services or its designee.

21 (3) "Enrollee" means a recipient who is enrolled with a managed care organization.

(4) "Face-to-face" means occurring:

(a) In person; or

(b) If authorized by 907 KAR 3:170, via a real-time, electronic communication that involves two (2) way interactive video and audio communication.

(5) "Federal financial participation" is defined in 42 C.F.R. 400.203.

(6) "Medically necessary" means that a covered benefit is determined to be needed in accordance with 907 KAR 3:130.

(7) "Mental health associate" means an individual who meets the mental health associate requirements established in the Community Mental Health Center Services Manual.

~~(8)~~[(7)] "Professional equivalent" means an individual who meets the professional equivalent requirements established in the Community Mental Health Center Services Manual.

~~(9)~~[(8)] "Provider" is defined by KRS 205.8451(7).

~~(10)~~[(9)] "Qualified mental health professional" means an individual who meets the requirements established in KRS 202A.0011(12).

~~(11)~~[(10)] "Recipient" is defined by KRS 205.8451(9).

Section 2. Requirements for a Psychiatric Nurse. A registered nurse employed by a participating community mental health center shall be considered a psychiatric or mental health nurse if the individual:

(1) Possesses a Master of Science in nursing with a specialty in psychiatric or mental health nursing;

(2)(a) Is a graduate of a four (4) year nursing educational program with a Bachelor of

Science in nursing; and

(b) Possesses at least one (1) year of experience in a mental health setting;

(3)(a) Is a graduate of a three (3) year nursing educational program; and

(b) Possesses at least two (2) years of experience in a mental health setting;

(4)(a) Is a graduate of a two (2) year nursing educational program with an associate degree in nursing; and

(b) Possesses at least three (3) years of experience in a mental health setting; or

(5) Possesses any level of education with American Nursing Association certification as a psychiatric or mental health nurse.

Section 3. Community Mental Health Center Behavioral Health Services Manual. The conditions for participation, services covered, and limitations for the community mental health center behavioral health services component of the Medicaid Program shall be as specified in:

(1) This administrative regulation; and

(2) The Community Mental Health Center Behavioral Health Services Manual.

Section 4. Covered Services. (1) Behavioral health services covered pursuant to this administrative regulation and pursuant to the Community Mental Health Center Behavioral Health Services Manual shall ~~be~~include:

~~(a)~~ rehabilitative mental health and substance use disorder services including:

~~(a)~~[4.] Individual outpatient therapy;

~~(b)~~[2.] Group outpatient therapy;

~~(c)~~[3.] Family outpatient therapy;

~~(d)~~[4.] Collateral outpatient therapy;

- 1     ~~(e)[5.]~~ Therapeutic rehabilitation services;
- 2     ~~(f)[6.]~~ Psychological testing;
- 3     ~~(g)[7.]~~ Screening;
- 4     ~~(h)[8.]~~ An assessment;
- 5     ~~(i)[9.]~~ Crisis intervention;
- 6     ~~(j)[10.]~~ Service planning;
- 7     ~~(k)[11.]~~ A screening, brief intervention, and referral to treatment;
- 8     ~~(l)[12.]~~ Mobile crisis services;
- 9     ~~(m)[13.]~~ Assertive community treatment;
- 10    ~~(n)[14.]~~ Intensive outpatient program services;
- 11    ~~(o)[15.]~~ Residential crisis stabilization services;
- 12    ~~(p)[16.]~~ Partial hospitalization;
- 13    ~~(q)[17.]~~ Residential services for substance use disorders;
- 14    ~~(r)[18.]~~ Day treatment;
- 15    ~~(s)[19.]~~ Comprehensive community support services;
- 16    ~~(t)[20.]~~ Peer support services; or
- 17    ~~(u)[21.]~~ Parent or family peer support services~~;~~ or
- 18    ~~(b) Physical health services including:~~
- 19    ~~1. Physical examinations; or~~
- 20    ~~2. Medication prescribing and monitoring].~~
- 21    (2)(a) To be covered under this administrative regulation, a service listed in subsec-
- 22    tion (1) of this section shall be:
- 23    1. Provided by a community mental health center that is:

1 a. Currently enrolled in the Medicaid Program in accordance with 907 KAR 1:672;  
2 and

3 b. Except as established in paragraph (b) of this subsection, currently participating in  
4 the Medicaid Program in accordance with 907 KAR 1:671; ~~and~~

5 2. Provided in accordance with:

6 a. This administrative regulation; and

7 b. The Community Mental Health Center Behavioral Health Services Manual; and

8 3. Medically necessary.

9 (b) In accordance with 907 KAR 17:015, Section 3(3), a provider of a service to an  
10 enrollee shall not be required to be currently participating in the fee-for-service Medicaid  
11 Program.

12 Section 5. Electronic Documents and Signatures. (1) The creation, transmission,  
13 storage, or other use of electronic signatures and documents shall comply with require-  
14 ments established in KRS 369.101 to 369.120 and all applicable state and federal laws  
15 and regulations.

16 (2) A CMHC choosing to utilize electronic signatures shall:

17 (a) Develop and implement a written security policy which shall:

18 1. Be complied with by each of the center's employees, officers, agents, and contrac-  
19 tors; and

20 2. Stipulate which individuals have access to which electronic signatures and pass-  
21 word authorization;

22 (b) Ensure that electronic signatures are created, transmitted, and stored securely;

23 (c) Develop a consent form that shall:

1. Be completed and executed by each individual utilizing an electronic signature;
  2. Attest to the signature's authenticity; and
  3. Include a statement indicating that the individual has been notified of his or her responsibility in allowing the use of the electronic signature; and
- (d) Provide the department, immediately upon request, with:
1. A copy of the provider's electronic signature policy;
  2. The signed consent form; and
  3. The original filed signature.

Section 6. No Duplication of Service. (1) The department shall not reimburse for a service provided to a recipient by more than one (1) provider, of any program in which the service is covered, on the same day of service.

(2) For example, if a recipient is receiving a behavioral health service from an independently enrolled behavioral health service provider, the department shall not reimburse for the same service provided to the same recipient by a community mental health center on the same day of service.

Section 7. Records Maintenance, Protection, and Security. (1) A provider shall maintain a current health record for each recipient.

(2) A health record shall:

(a) Include:

1. An identification and intake record including:
  - a. Name;
  - b. Social Security number;
  - c. Date of intake;

- 1 d. Home (legal) address;
- 2 e. Health insurance information;
- 3 f. Referral source and address of referral source;
- 4 g. Primary care physician and address;
- 5 h. The reason the individual is seeking help including the presenting problem and di-
- 6 agnosis;
- 7 i. Any physical health diagnosis, if a physical health diagnosis exists for the individu-
- 8 al, and information, if available, regarding:
- 9 (i) Where the individual is receiving treatment for the physical health diagnosis; and
- 10 (ii) The physical health provider; and
- 11 j. The name of the informant and any other information deemed necessary by the in-
- 12 dependent provider to comply with the requirements of:
- 13 (i) This administrative regulation;
- 14 (ii) The provider's licensure board;
- 15 (iii) State law; or
- 16 (iv) Federal law;
- 17 2. Documentation of the:
- 18 a. Screening;
- 19 b. Assessment; and
- 20 c. Disposition; and
- 21 ~~[d. Six (6) month review of a recipient's treatment plan each time a six (6) month re-~~
- 22 ~~view occurs;]~~
- 23 3. A complete history including mental status and previous treatment;

1 4. An identification sheet;

2 5. A consent for treatment sheet that is accurately signed and dated; and

3 6. The individual's stated purpose for seeking services;

4 (b) Be:

5 1. Maintained in an organized central file;

6 2. Furnished to the Cabinet for Health and Family Services upon request;

7 3. Made available for inspection and copying by Cabinet for Health and Family Ser-  
8 vices' personnel;

9 4. Readily accessible; and

10 5. Adequate for the purpose of establishing the current treatment modality and pro-  
11 gress of the recipient; and

12 (c) Document each service provided to the recipient including the date of the service  
13 and the signature of the individual who provided the service.

14 (3) The individual who provided the service shall date and sign the health record on  
15 the date that the individual provided the service.

16 (4)(a) Except as established in paragraph (b) of this subsection, a provider shall  
17 maintain a health record regarding a recipient for at least six (6)~~[five (5)]~~ years from the  
18 date of the service or until any audit dispute or issue is resolved beyond six (6)~~[five (5)]~~  
19 years.

20 (b) After a recipient's death or discharge from services, a provider shall maintain the  
21 recipient's record for the longest of the following periods:

22 1. Six (6) years unless the recipient is a minor; or

23 2. If the recipient is a minor, three (3) years after the recipient reaches the age of ma-



1 majority under state law.

2 (c) If the Secretary of the United States Department of Health and Human Services  
3 requires a longer document retention period than the period referenced in paragraph (a)  
4 of this subsection, pursuant to 42 C.F.R. 431.17, the period established by the secretary  
5 shall be the required period.

6 (5) A provider shall comply with 45 C.F.R. Part 164.

7 (6) Documentation of a screening shall include:

8 (a) Information relative to the individual's stated request for services; and

9 (b) Other stated personal or health concerns if other concerns are stated.

10 (7)(a) A provider's notes regarding a recipient shall:

11 1. Be made within forty-eight (48) hours of each service visit; and

12 2. Describe the:

13 a. Recipient's symptoms or behavior, reaction to treatment, and attitude;

14 b. Therapist's intervention;

15 c. Changes in the ~~[treatment]~~ plan of care if changes are made; and

16 d. Need for continued treatment if continued treatment is needed.

17 (b)1. Any edit to notes shall:

18 a. Clearly display the changes; and

19 b. Be initialed and dated.

20 2. Notes shall not be erased or illegibly marked out.

21 (c)1. Notes recorded by a mental health associate working under supervision or a  
22 professional equivalent working under supervision shall be co-signed and dated by a li-  
23 censed supervising professional within thirty (30) days.

2. If services are provided by a practitioner working under supervision, there shall be a monthly supervisory note recorded by the supervising professional reflecting consultations with the practitioner working under supervision concerning the:

- a. Case; and
- b. Supervising professional's evaluation of the services being provided to the recipient.

(8) Immediately following a screening of a recipient, the provider shall perform a disposition related to:

- (a) A provisional diagnosis;
- (b) A referral for further consultation and disposition, if applicable; or
- (c)1. If applicable, termination of services and referral to an outside source for further services; or

2. If applicable, termination of services without a referral to further services.

~~(9)[(a) A recipient's treatment plan shall be reviewed at least once every six (6) months.~~

~~(b)] Any change to a recipient's [treatment] plan~~ of care shall be documented, signed, and dated by the;

(a) Rendering practitioner; and

(b) Recipient or recipient's representative[provider].

(10)(a) Notes regarding services to a recipient shall:

- 1. Be organized in chronological order;
- 2. Dated;
- 3. Titled to indicate the service rendered;

1 4. State a starting and ending time for the service; and

2 5. Be recorded and signed by the rendering provider and include the professional title  
3 (for example, licensed clinical social worker) of the provider.

4 (b) Initials, typed signatures, or stamped signatures shall not be accepted.

5 (c) Telephone contacts, family collateral contacts not covered under this administra-  
6 tive regulation, or other nonreimbursable contacts shall:

7 1. Be recorded in the notes; and

8 2. Not be reimbursable.

9 (11)(a) A termination summary shall:

10 1. Be required, upon termination of services, for each recipient who received at least  
11 three (3) service visits; and

12 2. Contain a summary of the significant findings and events during the course of  
13 treatment including the:

14 a. Final assessment regarding the progress of the individual toward reaching goals  
15 and objectives established in the individual's ~~[treatment]~~ plan of care;

16 b. Final diagnosis of clinical impression; and

17 3. Individual's condition upon termination and disposition.

18 (b) A health record relating to an individual who was terminated from receiving ser-  
19 vices shall be fully completed within ten (10) days following termination.

20 (12) If an individual's case is reopened within ninety (90) days of terminating services  
21 for the same or related issue, a reference to the prior case history with a note regarding  
22 the interval period shall be acceptable.

23 (13)(a) Except as established in paragraph (b) of this subsection, if a recipient is

transferred or referred to a health care facility or other provider for care or treatment, the transferring CMHC[provider] shall, if the recipient gives the CMHC [provider] written consent to do so, ~~[forward a copy or summary of the recipient's health record to the health care facility or other provider who is receiving the recipient]~~ within ten (10) business days of the transfer or referral transfer the recipient's records in a manner that complies with the records' use and disclosure requirements as established in or required by:

1.a. The Health Insurance Portability and Accountability Act;

b. 42 U.S.C. 1320d-2 to 1320d-8; and

c. 45 C.F.R. Parts 160 and 164; or

2.a. 42 U.S.C. 290 ee-3; and

b. 42 C.F.R Part 2.

(b) If a recipient is transferred or referred to a residential crisis stabilization unit, a psychiatric hospital, a psychiatric distinct part unit in an acute care hospital, or an acute care hospital for care or treatment, the transferring CMHC shall within forty-eight (48) hours of the transfer or referral transfer the recipient's records in a manner that complies with the records' use and disclosure requirements as established in or required by:

1.a. The Health Insurance Portability and Accountability Act;

b. 42 U.S.C. 1320d-2 to 1320d-8; and

c. 45 C.F.R. Parts 160 and 164; or

2.a. 42 U.S.C. 290 ee-3; and

b. 42 C.F.R Part 2.

(14)(a) If a CMHC's Medicaid Program participation status changes as a result of

voluntarily terminating from the Medicaid Program, involuntarily terminating from the Medicaid Program, a licensure suspension, or death of a provider, the health records regarding recipients to whom the CMHC has provided services shall:

1. Remain the property of the CMHC; and
2. Be subject to the retention requirements established in subsection (4) of this section.

(b) A CMHC shall have a written plan addressing how to maintain health records in the event of a provider's death.

Section 8. Medicaid Program Participation Compliance. (1) A CMHC shall comply with:

- (a) 907 KAR 1:671;
- (b) 907 KAR 1:672; and
- (c) All applicable state and federal laws.

(2)(a) If a CMHC receives any duplicate payment or overpayment from the department, regardless of reason, the CMHC shall return the payment to the department.

(b) Failure to return a payment to the department in accordance with paragraph (a) of this subsection may be:

1. Interpreted to be fraud or abuse; and
2. Prosecuted in accordance with applicable federal or state law.

Section 9. Third Party Liability. A provider shall comply with KRS 205.622.

Section 10. Auditing Authority. The department shall have the authority to audit any claim, medical record, or

documentation associated with any claim or medical record.

1       Section 11. Federal Approval and Federal Financial Participation. The department's  
2 coverage of services pursuant to this administrative regulation shall be contingent upon:

3       (1) Receipt of federal financial participation for the coverage; and

4       (2) Centers for Medicare and Medicaid Services' approval for the coverage.

5       Section 12. Appeal Rights. (1) An appeal of an adverse action by the department re-  
6 garding a recipient who is not enrolled with a managed care organization shall be in ac-  
7 cordance with 907 KAR 1:563.

8       (2) An appeal of an adverse action by a managed care organization regarding a ser-  
9 vice and an enrollee shall be in accordance with 907 KAR 17:010.


10      Section 13. Incorporation by Reference. (1) The "Community Mental Health Center  
11 Services Manual", ~~December~~May 2014, is incorporated by reference.

12      (2) This material may be inspected, copied, or obtained, subject to applicable copyright  
13 law, at the Department for Medicaid Services, 275 East Main Street, 6th Floor West, Frank-  
14 fort, Kentucky 40621, Monday through Friday, 8 a.m. to 4:30 p.m. or online at the depart-  
15 ment's Web site at <http://www.chfs.ky.gov/dms/incorporated.htm>. (Recodified from 904  
16 KAR 1:044, 5-2-1986; 15 Ky.R. 2461; eff. 8-5-1989; 18 Ky.R. 915; eff. 10-16-1991; 20  
17 Ky.R. 663; eff. 10-21-1993; 32 Ky.R. 1801; 2039; 2276; eff. 7-7-2006; 34 Ky.R. 1825;  
18 2313; 2404; eff. 6-6-2008; 40 Ky.R. 1955; 2487; 2718; eff. 7-7-2014.)

907 KAR 1:044

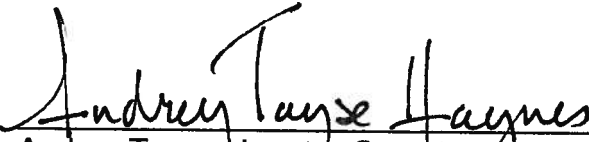
REVIEWED:

12/5/14  
Date

  
Lawrence Kissner, Commissioner  
Department for Medicaid Services

APPROVED:

12/18/14  
Date

  
Audrey Tayse Haynes, Secretary  
Cabinet for Health and Family Services

907 KAR 1:044

## PUBLIC HEARING AND PUBLIC COMMENT PERIOD

A public hearing on this administrative regulation shall, if requested, be held on February 23, 2015 at 9:00 a.m. in Suite B of the Health Services Auditorium, Health Services Building, First Floor, 275 East Main Street, Frankfort, Kentucky, 40621. Individuals interested in attending this hearing shall notify this agency in writing February 16, 2015, five (5) workdays prior to the hearing, of their intent to attend. If no notification of intent to attend the hearing is received by that date, the hearing may be canceled. The hearing is open to the public. Any person who attends will be given an opportunity to comment on the proposed administrative regulation. A transcript of the public hearing will not be made unless a written request for a transcript is made. If you do not wish to attend the public hearing, you may submit written comments on the proposed administrative regulation. You may submit written comments regarding this proposed administrative regulation until close of business March 2, 2015. Send written notification of intent to attend the public hearing or written comments on the proposed administrative regulation to:

CONTACT PERSON: Tricia Orme, [tricia.orme@ky.gov](mailto:tricia.orme@ky.gov), Office of Legal Services, 275 East Main Street 5 W-B, Frankfort, KY 40601, (502) 564-7905, Fax: (502) 564-7573.



## REGULATORY IMPACT ANALYSIS AND TIERING STATEMENT

Administrative Regulation: 907 KAR 1:044

Contact person: Stuart Owen (502) 564-4321, extension 2015

(1) Provide a brief summary of:

(a) What this administrative regulation does: This administrative regulation establishes the coverage provisions and requirements regarding Medicaid Program community mental health center (CMHC) services.

(b) The necessity of this administrative regulation: This administrative regulation is necessary to establish the coverage provisions and requirements regarding Medicaid Program CMHC services.

(c) How this administrative regulation conforms to the content of the authorizing statutes: This administrative regulation conforms to the content of the authorizing statutes by establishing the coverage provisions and requirements regarding Medicaid Program CMHC services.

(d) How this administrative regulation currently assists or will assist in the effective administration of the statutes: This administrative regulation will assist in the effective administration of the authorizing statutes by establishing the coverage provisions and requirements regarding Medicaid Program CMHC services.

(2) If this is an amendment to an existing administrative regulation, provide a brief summary of:

(a) How the amendment will change this existing administrative regulation: The amendment clarifies that this administrative regulation sets the requirements for behavioral health services provided in a community mental health center; removes a reference to physical health services; changes the term "treatment plan" to "plan of care"; extends the timeframe for maintaining a health record of a recipient who received services from a CMHC from five (5) years to six (6) years; clarifies that notes recorded by a behavioral health practitioner working under supervision must be co-signed by the supervising professional within thirty (30) days (previously no timeframe was stated); establishes that the transfer of a health record of a recipient transferring to a residential crisis stabilization unit, psychiatric hospital, psychiatric distinct part unit of an acute care hospital, or to an acute care hospital shall be done within forty-eight (48) hours in contrast to the ten (10) day timeframe for other such transfers; and amends the incorporated material by synchronizing provisions with the latest behavioral health state plan amendment approved by the Centers for Medicare and Medicaid Services (CMS.)

(b) The necessity of the amendment to this administrative regulation: The amendment is necessary to clarify provisions and to synchronize provisions with those currently approved by CMS (in order to ensure receipt of federal funding for CMHC behavioral health services.)

(c) How the amendment conforms to the content of the authorizing statutes: The amendment conforms to the content of the authorizing statutes by clarifying provisions and synchronizing provisions with those currently approved by CMS (in order to ensure receipt of federal funding for CMHC behavioral health services.)

(d) How the amendment will assist in the effective administration of the statutes: The amendment will assist in the effective administration of the authorizing statutes by clarifying provisions and synchronizing provisions with those currently approved by CMS (in order to ensure receipt of federal funding for CMHC behavioral health services.)

(3) List the type and number of individuals, businesses, organizations, or state and local government affected by this administrative regulation: Community mental health centers will be affected by this amendment as will Medicaid recipients who receive services from CMHCs. There are fourteen (14) such centers.

(4) Provide an analysis of how the entities identified in question (3) will be impacted by either the implementation of this administrative regulation, if new, or by the change, if it is an amendment, including:

(a) List the actions that each of the regulated entities identified in question (3) will have to take to comply with this administrative regulation or amendment. CMHCs will have to keep health records regarding recipients for at least six (6) years rather than five (5) years; transfer health records (when applicable) to urgent settings within forty-eight (48) hours; and ensure that supervising professionals sign notes recorded by practitioners working under supervision within thirty (30) days.

(b) In complying with this administrative regulation or amendment, how much will it cost each of the entities identified in question (3). No additional cost is anticipated.

(c) As a result of compliance, what benefits will accrue to the entities identified in question (3). CMHCs and Medicaid recipients receiving services from CMHCs will benefit by the department's continued receipt of federal funding from CMS for CMHC behavioral health services.

(5) Provide an estimate of how much it will cost to implement this administrative regulation:

(a) Initially: The Department for Medicaid Services (DMS) anticipates no additional cost as a result of the amendment.

(b) On a continuing basis: The response in paragraph (a) above also applies here.

(6) What is the source of the funding to be used for the implementation and enforcement of this administrative regulation: The sources of revenue to be used for implementation and enforcement of this administrative regulation are federal funds authorized under the Social Security Act, Title XIX and matching funds of general fund appropriations.

(7) Provide an assessment of whether an increase in fees or funding will be necessary to implement this administrative regulation, if new, or by the change if it is an amendment. Neither an increase in fees nor funding is necessary to implement this administrative regulation.

(8) State whether or not this administrative regulation establishes any fees or directly or indirectly increases any fees: This administrative regulation neither establishes nor increases any fees.

(9) Tiering: Is tiering applied? Tiering is not applied as the policies apply equally to the regulated entities.

## FEDERAL MANDATE ANALYSIS COMPARISON

Administrative Regulation: 907 KAR 1:044

Contact person: Stuart Owen (502) 564-4321, extension 2015

1. Federal statute or regulation constituting the federal mandate. Section 1302(b)(1)(E) of the Affordable Care Act, 42 U.S.C. 1396a(a)(10)(B), 42 U.S.C. 1396a(a)(23), 42 U.S.C. 1396d(a)(2).

2. State compliance standards. KRS 205.520(3) states: "Further, it is the policy of the Commonwealth to take advantage of all federal funds that may be available for medical assistance. To qualify for federal funds the secretary for health and family services may by regulation comply with any requirement that may be imposed or opportunity that may be presented by federal law. Nothing in KRS 205.510 to 205.630 is intended to limit the secretary's power in this respect."

3. Minimum or uniform standards contained in the federal mandate. Section 1302(b)(1)(E) of the Affordable Care Act mandates that "essential health benefits" for Medicaid programs include "mental health and substance use disorder services, including behavioral health treatment." 42 U.S.C. 1396a(a)(23), is known as the freedom of choice of provider mandate. This federal law requires the Medicaid Program to "provide that (A) any individual eligible for medical assistance (including drugs) may obtain such assistance from any institution, agency, community pharmacy or person, qualified to perform the service or services required (including an organization which provides such services, or arranges for their availability, on a prepayment basis), who undertakes to provide him such services." Medicaid recipients enrolled with a managed care organization may be restricted to providers within the managed care organization's provider network. The Centers for Medicare and Medicaid Services (CMS) – the federal agency which oversees and provides the federal funding for Kentucky's Medicaid Program – has expressed to the Department for Medicaid Services (DMS) the need for DMS to expand its substance use disorder provider base to comport with the freedom of choice of provider requirement. 42 U.S.C. 1396a(a)(10)(B) requires the Medicaid Program to ensure that services are available to Medicaid recipients in the same amount, duration, and scope. Expanding the provider base will help ensure Medicaid recipient access to services statewide and reduce or prevent the lack of availability of services due to demand exceeding supply in any given area. 42 U.S.C. 1396d(a)(2) requires Medicaid program coverage of: "(A) outpatient hospital services, (B) consistent with State law permitting such services, rural health clinic services (as defined in subsection (l)(1)) and any other ambulatory services which are offered by a rural health clinic (as defined in subsection (l)(1)) and which are otherwise included in the plan, and (C) Federally-qualified health center services (as defined in subsection (l)(2) and any other ambulatory services offered by a Federally-qualified health center and which are otherwise included in the plan."

4. Will this administrative regulation impose stricter requirements, or additional or different responsibilities or requirements, than those required by the federal mandate? The

administrative regulation does not impose stricter than federal requirements.

5. Justification for the imposition of the stricter standard, or additional or different responsibilities or requirements. The administrative regulation does not impose stricter than federal requirements.

## FISCAL NOTE ON STATE OR LOCAL GOVERNMENT

Administrative Regulation: 907 KAR 1:044

Contact person: Stuart Owen (502) 564-4321, extension 2015

1. What units, parts or divisions of state or local government (including cities, counties, fire departments, or school districts) will be impacted by this administrative regulation? The Department for Medicaid Services (DMS) will be affected by the amendment.

2. Identify each state or federal statute or federal regulation that requires or authorizes the action taken by the administrative regulation. KRS 194A.030(2), 194A.050(1), 205.520(3).

3. Estimate the effect of this administrative regulation on the expenditures and revenues of a state or local government agency (including cities, counties, fire departments, or school districts) for the first full year the administrative regulation is to be in effect.

(a) How much revenue will this administrative regulation generate for the state or local government (including cities, counties, fire departments, or school districts) for the first year? DMS does not anticipate additional revenues for state or local government as a result of the amendment.

(b) How much revenue will this administrative regulation generate for the state or local government (including cities, counties, fire departments, or school districts) for subsequent years? The response to question (a) also applies here.

(c) How much will it cost to administer this program for the first year? DMS does not anticipate additional costs as a result of the amendment.

(d) How much will it cost to administer this program for subsequent years? The response to question (c) above also applies here.

Note: If specific dollar estimates cannot be determined, provide a brief narrative to explain the fiscal impact of the administrative regulation.

Revenues (+/-):

Expenditures (+/-):

Other Explanation:

COMMONWEALTH OF KENTUCKY  
CABINET FOR HEALTH AND FAMILY SERVICES  
DEPARTMENT FOR MEDICAID SERVICES

907 KAR 1:044

Summary of Material Incorporated by Reference

The "Community Mental Health Center Behavioral Health Services Manual", December 2014 is incorporated by reference. This edition replaces the May 2014 edition. Revisions include establishing that this is the Community Mental Health Center (CMHC) Behavioral Health Services Manual rather than the CMHC Services Manual as effective January 1, 2015 CMHCs will be authorized to provide primary care services and the Department for Medicaid Services is promulgating a separate administrative regulation which will establish CMHC primary care service provisions; eliminating extraneous language regarding the Medicaid Program; clarifying the behavioral health professionals who can supervise professional equivalents; establishing that an associate level practitioner can render services under the supervision of an array of behavioral health professionals licensed to practice independently rather than a behavioral health professional within the associate level practitioners discipline (for example, previously a certified social worker (CSW) was only authorized to render services under the supervision of a licensed clinical social worker but via the amendment a CSW can render services under the supervision of a licensed psychologist, licensed professional clinical counselor, licensed marriage and family therapists, and more); replacing the term "treatment plan" with the term "plan of care" to synchronize terminology used in other Medicaid behavioral health administrative regulations; adopting plan of care requirements that are also established being established for behavioral health service organizations; clarifying that in order for services to a recipient to be reimbursable a diagnosis shall be recorded within the recipient's third visit except for mobile crisis services, crisis intervention, screenings, assessments, and screening, brief intervention, and referral to treatment for a substance use disorder (SBIRT) - previously no exceptions were listed); clarifying that health records must be retained for six (6) years rather than five (5) as six (6) is the current federal standard; inserting a definition of "face-to-face" which includes a Telehealth option if so authorized in the Department for Medicaid Services' Telehealth administrative regulation (907 KAR 3:170); clarifying that multi-family group outpatient therapy groups include related individuals (prior language prohibited related individuals from being in the same group outpatient therapy group); revising the description of mobile crisis services, therapeutic rehabilitation services, and assertive community treatment to synchronize with the provisions in the corresponding state plan amendment approved by the Centers for Medicare and Medicaid Services (CMS); deleting medication assisted treatment from the services as the current state plan amendment approved by CMS does not include this service; clarifying what constitutes continuous nursing services (which is a requirement for residential services for substance use disorders); clarifying that the sixteen (16) bed limit for residential services for substance use disorders [a federal limit as CMS views any structure with over sixteen (16) beds as being an institution for mental disease (IMD)] does not apply if

all of the recipients in the structure are under twenty-one (21) years of age or over sixty-five (65) years of age; clarifying peer support requirements consistently with the current state plan amendment approved by CMS; elaborating on provisions associated with pregnant women substance use prevention services (inserting requirements from an old administrative regulation that has been repealed); eliminating various reimbursement provisions as reimbursement is covered in another administrative regulation; eliminating language regarding electronic signature usage as this is already addressed in 907 KAR 1:044; adding certified alcohol and drug counselors (CADCs) to the practitioners authorized to provide individual outpatient therapy, group outpatient therapy, family outpatient therapy, collateral outpatient therapy, assessments, and screenings; deleting CADCs from the list of practitioners authorized to provide therapeutic rehabilitation services; and adding peer support specialists to those authorized to provide mobile crisis services.

The revised manual contains sixty-two (62) pages.